** Wellness Grand Rounds 2020**

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| **Date** | **Speaker** | **Topic** | **Room** |
| January 8, 2020 | Ann Marie Hutchins, MS and Danielle Naples, MS, RD, LD | eCoaching Programs | Lerner, NA5-08 |
| February 12, 2020 | Michelle Drerup, Psy.D. | Sleep | Lerner, NA5-08 |
| March 11, 2020 | Mladen Golubic, M.D., Ph.D. | Cancer Survivorship | Lerner, NA5-08 |
| April 8, 2020 | Michael Roizen, M.D. | Sugar | Lerner, NA5-08 |
| May 13, 2020 | Mladen Golubic, M.D., Ph.D. and Jim Perko, CEC, AAC | Culinary Medicine | Lerner, NA5-08 |
| June 10, 2020 | Param Srikantia, Ph.D. | The Anatomy of Alienation: Causes and Cures for a Global Epidemic | Lerner, NA5-08 |
| **July Summer Break** | | | |
| **August Summer Break** | | | |
| September 9, 2020 | Irina Todorov, M.D. | Mediterranean diet: 10 easy steps to start and stay on it | Lerner, NA5-08 |
| October 14, 2020 | Yufang Lin, M.D. | Brain Health | Lerner, NA5-08 |
| November 11, 2020 | Roxanne Sukol, M.D. | Comparison of Multiple Fad Diets | Lerner, NA5-08 |
| December 9, 2020 | Naoki Umeda, M.D. | How to Improve Quality of Life During Cancer Treatments | Lerner, NA5-08 |